



FOOD SHOPPING LIST

TINNED TOMATOES

TINNED PEAS

TINNED or PACKET POTATO

CUSTARD

PASTA

RICE

BAKED BEANS

TINNED or PACKET SOUP

KETCHUP or BROWN SAUCE

TUNA

INSTANT PASTA

SWEET BISCUITS

JAM

TEA

KID'S TREATS

TINNED CARROTS

TINNED SWEETCORN

TINNED FRUIT

TINNED RICE PUDDING

PASTA SAUCE

SAUCE FOR RICE

TINNED PASTA

TINNED MEAT

MAYONNAISE

INSTANT RICE

INSTANT NOODLES

SAVOURY BISCUITS or CRISPS

CEREAL

COFFEE or HOT CHOCOLATE

